



FAIR OAKS CHURCH  
**SERVICE** *Opportunities*

UPWARD MINISTRY

➔ **GYM HOST**

**Description:** Host a weekly Upwards Basketball practice located at FOPC in the Family Life Center. Be welcoming and help support coaches/teams during weeknight practices at FOPC.

**Time:** Monday, Thursday, Friday nights: 5:30-8:30pm  
or Tuesday, Wednesday nights: 6:30-7:30pm

**Commitment:** 1 night per week during Upward practice season (12/4/17 – 3/2/18); 1 hour or more time increments.

**Coordinates with:** Ken Friedman, Upwards League Director  
Raquel Leuze, Assistant League Director  
Doug Friedman, Coach Commissioner

- Set up greeting table – lay out contents of Gym Host box (Upward Game schedule and dates; Upward commissioner contact info; flyers with FOPC opportunities/resources)
- Greet players and parents
- Be a resource for questions to the best of your ability
- Set up game clock for practice time (25 minutes) and devotion time (10 minutes)

**Requirements:**

- Willingness to positively engage with people you previously have not met
- Friendly demeanor