



DIGGING DEEPER

WEEK 5: Community

This study guide is designed to help you dig deeper into the weekend message and apply it to your life. The questions below are meant to encourage thoughtful reflection, discussion, and prayer for you and your LifeGroup.

PRAY [Have someone in your group open in prayer.]

MESSAGE SUMMARY

This week at Fair Oaks Church we wrapped up the first part of our series *Spiritual Fitness* on Community. We learned that God does not intend for us to live in isolation. Meeting together regularly in smaller groups with other followers of Jesus for the purpose of studying scripture, fellowship, prayer, mutual encouragement and obedience to Christ is an essential habit given to us by God for our lives and spiritual fitness.

KEY SCRIPTURE [Read aloud]

"All the believers devoted themselves to the apostles' teaching, to fellowship, to sharing in meals, including the Lord's Supper, and to prayer. A deep sense of awe came over them all, and the apostles performed many miraculous signs and wonders. And all the believers met together in one place and shared everything they had. They sold their property and possessions and shared the money with those in need. They worshiped together at the Temple each day, met in homes for the Lord's Supper, and shared their meals with great joy and generosity, all the while praising God and enjoying the goodwill of all the people. And each day the Lord added to their fellowship those who were being saved." [Acts 2:42-47 NLT]

DISCUSSION QUESTIONS

1. What stood out to you from this weekend's message or key scripture about the habit of community in the early church?
2. Have someone read to your group **Luke 6:12-16** and another person **Matthew 10:1**.
What does it mean to you to realize that Jesus started a small group? Why is it significant that he chose 12 individual named people to be in community with him? What do you see Jesus doing in his group that he might want to do with you in community with each other?
3. Have someone read **Hebrews 10:23-25** to your group. What is one thing the writer of Hebrews is teaching us about the importance of community? How have you struggled to maintain a regular habit of community in your life?
4. Share about a time in your life when you were not a part of a regular fellowship or smaller community. What was your spiritual life and fitness like in that season?
How did you get connected to this group? What do you think your role is in inviting others into your community?
5. If you haven't yet, take the Community section of the Spiritual Fitness Assessment (available at fopc.org or **Fair Oaks Church App**). If you are comfortable share your score with your group. Where does your current score for Community land on the Spiritual Fitness Scale? What is one way you might want to respond to grow in the habit of Community?

PRAY [Close your time in prayer. Allow time to pray for any needs in your group.]

Close your time by asking God to help you and your group in your commitment to regularly participate and grow in Christian community together and invite others in.