

This study guide is designed to help you dig deeper into the weekend message and apply it to your life. The questions below are meant to encourage thoughtful reflection, discussion, and prayer for you and your LifeGroup.

**PRAY** [Have someone in your group open in prayer.]

## MESSAGE SUMMARY

This week at Fair Oaks Church we continued our series *Summer in the Psalms* looking at Psalm 139. We learned that Psalm 139 is a praise Psalm of David that reflects the greatness of God and celebrates how deeply he knows and loves every person he has created. It is a beautiful reminder that the God who sees and knows everything, at all times, is the same God who made you, knows you, and is at work in your life.

## KEY SCRIPTURE [Read aloud]

You have searched me, Lord, and you know me. [Psalm 139:1]

## DISCUSSION QUESTIONS

1. What stood out to you from this weekend's message or key scripture?
2. Read Psalm 139 popcorn style (pick someone to read a verse and then that person chooses the next person to read a verse...). What were the three truths from this passage and message that describe God's relationship to us?
3. In John 4, how did Jesus' knowledge of the Samaritan woman change her life? How did the Samaritan woman go from being a mission to a missionary?
4. How does Psalm 139 encourage you to be the you you should be?
5. What factors in your life are preventing you from being the you you should be?
6. How are verses 23-24 of Psalm 139 crucial to your relationship with God? How can you experience Jesus as savior and then as lord of your life? Describe the difference.
7. List the ways both passages teach about our value and self-worth.