



DIGGING DEEPER

WEEK 2: Obedience

This study guide is designed to help you dig deeper into the weekend message and apply it to your life. The questions below are meant to encourage thoughtful reflection, discussion, and prayer for you, and your Life Group.

PRAY [Have someone open in prayer.]

MESSAGE SUMMARY

This week at Fair Oaks Church we continued our series on *Spiritual Fitness*. This week we looked at the next essential quality of a Christ-like lifestyle: simple obedience to God.

KEY SCRIPTURE [Read aloud]

"The word of the Lord came to Jonah son of Amittai: "Go to the great city of Nineveh and preach against it, because its wickedness has come up before me. But Jonah ran away from the Lord and headed for Tarshish. He went down to Joppa, where he found a ship bound for that port. After paying the fare, he went aboard and sailed for Tarshish to flee from the Lord." **Jonah 1:1-3**

DISCUSSION QUESTIONS

1. What stood out to you from this weekend's message or key scripture?
2. What is the relationship between listening and obedience? How does God most clearly speak to you: personally, through other people, the Bible, another way?
How might you obey God (or not) based on how well you listen to him?
3. How would you respond to this statement: "99% obedience is still disobedience"
Is this true? Why or why not?
4. Have someone in your group read John 14:21-24. What do you think Jesus means by this? What would it look like for you to respond to Jesus in obedience motivated by love?
5. We discussed the story of the Old Testament prophet Jonah who had struggled with obedience and having a heart open to what God wanted. Have a few people in your group read Jonah 1:1-3; 3:1-5, 4:1-4.

What do we learn from Jonah's life about simple obedience? Does our attitude matter as long as we do what we should do? Why or why not?

Take a moment to take a look at the Obedience section of the Spiritual Fitness Assessment (available at fopc.org/spiritualfitness or via the Fair Oaks app). Share your score in this area with your group.

PRAY [Close your time in prayer. Allow time to pray for any needs in your group.]

Close your time by asking God to help you and your group to continue to grow in your ability to simply hear and obey God in love.