



DIGGING DEEPER

Lift Your Hands | 12.3.17

This study guide is designed to help you dig deeper into the weekend message and apply it to your life. The questions below are meant to encourage thoughtful reflection, discussion, and prayer for you, and your group. If you missed the message (or want to hear it again) go to fopc.org/sermon or download the Fair Oaks Church App.

PRAY [Have someone open in prayer.]

MESSAGE SUMMARY

This week at Fair Oaks Church we kicked off Christmas and our new Advent series *Come to Worship*. This week we looked at what it means to come to worship Jesus, specifically through the lifting up of our hands.

KEY SCRIPTURE [Read aloud]

"Now after Jesus was born in Bethlehem of Judea in the days of Herod the king, behold, wise men from the East came to Jerusalem, saying, "Where is He who has been born King of the Jews? For we have seen His star in the East and we have come to worship Him." **Matthew 2:1-2**

DISCUSSION QUESTIONS

1. What stood out to you from this weekend's message or key scripture about the response of worship to Jesus? What does worship mean to you?
2. Read the following verses:
Psalm 28:2; Romans 12:1; Hebrews 12:28; Psalm 134:2; 1 Kings 8:54
Have you ever worshiped with raised hands?
How did that posture change your perspective of God?
3. How have you noticed your mood or circumstances affecting how you participate in worship?
4. Why do we do something with our hands to reflect something in our heart?
What are some examples of that in our culture?
5. When you worship God, what percentage is at church? How could you surrender to God in worship every day of the week? What gets in the way of you being the kind of worshiper God deserves?

PRAY [Close your time in prayer. Allow time to pray for any needs in your group.]

Close your time by asking God to help you and your group to continue to grow in your ability to live a lifestyle of worship and to raise your hands in worship to God more freely.