

KEY PASSAGE

Matthew 22:37-39 – “Love the Lord your God with all your heart and with all your soul and with all your mind.” This is the first and greatest commandment. And the second is like it: “Love your neighbor as yourself.”

BIG PICTURE QUESTION

What is God like? God is holy, good, and loving.

BIBLE STORY

Jethro Helped Moses (Exodus 18)

- Moses listened to the problems of the people all day.
- Moses' father-in-law, Jethro, warned Moses that was unwise.
- Moses needed help to lead God's people.
- Moses chose godly men to help him lead God's people.

FAMILY DISCUSSION STARTERS

- Why is it sometimes hard to ask for help?
- Who are some people we can ask to help us?
- How can we know God wants us to live with other people in community?

FAMILY ACTIVITY

- Teach your children how to help with tasks around the house such as putting away laundry, setting the table, and cleaning up.
- Play a game with your kids where you hold your hands behind your back and let them take turns slipping their arms under yours to act as your hands. Let them “help” you eat something, brush your teeth, or style your hair.