



DIGGING DEEPER

Week 4: Your Achilles Heel At Work

This study guide is designed to help you dig deeper into the weekend message and apply it to your life. The questions below are meant to encourage thoughtful reflection, discussion, and prayer for you and your group.

➔ Missed the message or want to hear it again? fairoaks.church/sermons or the Fair Oaks Church App

RECAP

One of the biggest causes of feeling ineffective in what God has called us to do is your "Achilles heel". Your "Achilles heel" is that issue or issues that make God's anointing in your life ineffective. However knowing your weakness is the key to growing your character. God can transform us if we are willing to make ourselves available.

➔ FROM OUR LIST OF WEAKNESSES, WHICH IS YOUR BIGGEST STRUGGLE AT WORK?

EXPLORE

• **Colossians 3:2-10** | Set your minds on things above, not on earthly things. ³For you died, and your life is now hidden with Christ in God. ⁴When Christ, who is your life, appears, then you also will appear with him in glory. ⁵Put to death, therefore, whatever belongs to your earthly nature: sexual immorality, impurity, lust, evil desires and greed, which is idolatry. ⁶Because of these, the wrath of God is coming. ⁷You used to walk in these ways, in the life you once lived. ⁸But now you must also rid yourselves of all such things as these: anger, rage, malice, slander, and filthy language from your lips. ⁹Do not lie to each other, since you have taken off your old self with its practices ¹⁰and have put on the new self, which is being renewed in knowledge in the image of its Creator.

2 Corinthians 12:9-11 | But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. ¹⁰That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong. ¹¹I have made a fool of myself, but you drove me to it. I ought to have been commended by you, for I am not in the least inferior to the "super-apostles," even though I am nothing.

➔ HOW DO YOUR WEAKNESSES MAKE YOU DEPEND ON GOD TO PROVIDE GRACE AND POWER IN YOUR LIFE?

➔ SHARE TWO PEOPLE YOU COULD COUNT ON IF YOU NEEDED HELP OR SUPPORT IN YOUR LIFE.

DISCUSS

1. It is important to be people that represent grace and support to others. How can we create opportunities for grace and support for our co-workers, kids, friends, and/or family?
2. What are the barriers to authenticity and vulnerability? What barriers do you put up to keep from being authentic and vulnerable with others?
3. This group should be a place where people feel like they can come and receive grace and support. What are some ways we can support one another?

WRAP UP

Knowing your weakness is the key to growing your character. The longer we avoid our weaknesses the more we stagnate. Challenge everyone in your group to spend 60 seconds in silence to pray about where they struggle and then close your group in prayer. Make sure to offer yourself as someone who is willing to listen and be supportive if your group needs someone.

7 DEADLY SINS AND ANTIDOTES

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| 1 Contempt
Proverbs 18:3, 6, 7 | — | Love
1 Corinthians 13:4-7 |
| 2 Comparison
James 3:14-16 | — | Peace & Joy
James 3:17-18 |
| 3 Laziness
Proverbs 19:15 | — | Self-control
2 Timothy 1:7 |
| 4 Greed
Ecc 5:10, Luke 12:15 | — | Gratitude & Generosity
1 Timothy 6:17-18 |
| 5 Pride
James 4:6 | — | Humility
James 4:10; Proverbs 11:2 |
| 6 Fear
Psalm 56:11 | — | Trust
Psalm 34:4 |
| 7 Ethical Limbo
Proverbs 28:18 | — | Faithfulness
Matthew 25:21 |